

The Woodcrest Villager

MARCH, 2018

“THAT IS ONE GOOD THING ABOUT THIS WORLD- THERE ARE ALWAYS SURE TO BE MORE SPRINGS”

-L.M. MONTGOMERY



In Like a Lion, Out Like a Lamb!

March 20th is the much anticipated “First Day of Spring!” As we know, that doesn’t always mean we’re in for all fair weather and flowers, but it is a hopeful month. A time to plan gardens, and start spring cleaning.



We’ll be thinking (and wearing) green for St. Patrick’s Day too! Let’s have a toast; to the end of one season and the

beginning of the next!

*“To all the days here and after
May they be filled with fond memories, happiness, and laughter.”*

Here Here!

Changes Coming in the Dining Room

Food Service Director Mike Janis has been working closely with the newly formed Food Committee to fine tune the dining experience at Woodcrest. The committee met in early February and

discussed ways to improve efficiency, and simplify menu selection. Mike laid out his plans for making the menu much more customizable and personalized. He wants all to know

the lines of communication are open, and there will be a resident wide meeting on March 14th at 1:15 in the Community Room. Please come, voice your opinion, and learn what changes we’re rolling out this spring!

Last Month in Review

February was fast and full! We celebrated Mardi Gras with Gumbo, Valentine's Day, with a party and Chinese New Year with a buffet and a Dragon! We gathered for Resident Council and Food Commit-



tee meetings. We enjoyed Will Ogmundson's musical portrait of Willa Cather and heard talks by experts from the NH

Historical Society and A.I.L. There was a virtual trip to Tuscany, and musical performances by many gifted friends. We even managed to fit in a mini casino!

The Patriots may have lost and Phil predicted more winter but we still know how to have a good time!

"Destiny is that which we are drawn

towards and

Fate is that

which we run

into."

-Wyatt Earp

Welcome New Arrivals!

This time of year, we'll be seeing signs of new life here and there. And we'll be seeing some new folks here at Woodcrest Village.

We're pleased to have them both! Two couples have recently joined our number: Marie and Richard Aseltine and Anne and Dave Sar-

gent. We hope they will all feel at home and happy here at Woodcrest and we can't wait to get to know them better!

Welcome!



The word *ides* comes from the Latin *idus*, which means "half-division."

Beware the Ides of March, or don't.

Ides simply means the first full moon of the month, so the Ides of March technically takes place this year on March 31. It was William Shakespeare, via his play *Julius Caesar*, who warned that the Ides of March, on March 15, were cursed. While Caesar was murdered on March 15, the Ides of any month are not particularly evil.



Save the Date

March can be a fickle month in New England, always changing it's mind. But we've made plans to stay busy, so keep your eye out for these upcoming events and more!

3/2- Poker Game

3/4- 50's Sock Hop

3/8- Bob Rutherford plays guitar music

3/9- Poker Game

3/14- Resident Wide Food Service Meeting

3/15- Susan Thayer Concert

3/18- Spiritual Jambo-ree w/ Bob and Joan Duquette

3/19- Therapy Babies w/ Deb Urbina and her dolls

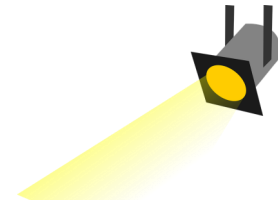
3/22- Variety Show

3/29- A.I.L. Presents "Patty Hearst"

FYI

We will be showing the Golden Globe winning Series "The Crown" on 3/1, 3/2 and 3/3 in the Activity Room

Come One, Come All!



Hard to believe, but it's already time for our biennial **Woodcrest Variety Show!** Residents, staff, and community members have all been tuning up their acts for what is sure to be another hilarious display of all our collective talents! Please invite family and friends to join us for evening of laughter and music in the Community Room!

The show starts at 6:45 pm on March 22nd!



Break out the Poodle Skirts!

Colby-Sawyer College presents it's 3rd annual Woodcrest Spring Prom! This year, it'll be in Sock Hop form, complete with music of the 50's, dancing and snacks! Come cut a rug in the Community Room on Sunday, March 4th at 3:00!



March Magic Brainteaser

Think of a number, any number-

Now Double it-

Now add 10-

Now divide it in half-

Now subtract your original

Number-

You are left with...

5



Time to
Spring Ahead

Don't forget to "Spring Forward" and set
your clocks ahead 1 hour on Sunday, 3/11!

Happy Birthday

Boris Bushueff

3/3

And Also;

Glenn Miller – 3/1/1904

Desi Arnaz – 3/2/1917

Lou Costello – 3/6/1906

Yuri Gagarin – 3/9/1934

Liza Minnelli – 3/12/1946

Wyatt Earp – 3/19/1848

Fred Rogers – 3/20/1928

Marcel Marceau-

3/22/1923

Recipe of the Month

Mary Teach's Chocolate Sauce

Melt together **2 squares chocolate** and **1 tbs of butter** then add:

½ cup water and bring to a boil and add:

1 cup sugar and bring to a boil again.

Let boil gently for 5 minutes then add:

a pinch of cream of tartar (½ tsp) then add:

1 tsp vanilla

