

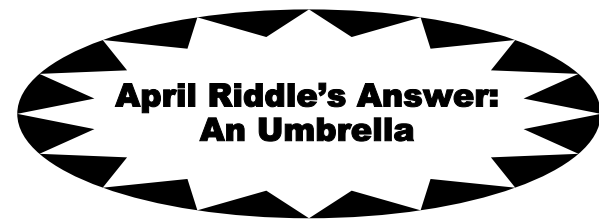
# Happy Birthday April Baby!

*A Very Happy  
Birthday to  
Phyllis and Fred!  
And both on*

*April 12th!*

*The same thing hap-  
pened not too long  
ago...*

When you do the math, as it turns out, in a room of just 23 people, there's a 50/50 chance of two people having the same birthday. In a room of 75, there's a 99.9% chance of two people matching. Statistics are amazingly complicated and oh so fascinating!



## Recipe of the Month

*Donna's Earth Friendly, Heart Healthy Meat Substitute*

1 lb of extra firm tofu is thoroughly squeezed to remove moisture- cut into cubes-then sauté in oil with garlic-add low sodium soy sauce until the color is quite brown-while moving the tofu around the pan, continue breaking it down into small "crumbles"- finish by baking on a cookie sheet at 350 for 20 minutes until dry and firm. Use in place of ground meat in any recipe!

\*Donna's Pro tip- Freeze and then thaw the tofu before cooking for an even "meatier" texture!

*Happy Birthday also  
to:*

Marlon Brando-4/3/24

Spencer Tracy-4/5/00

Betty Ford -4/8/1918

David Letterman- 4/12/47

Loretta Lynn 4/14/32

William Shakespeare - c.

April 23, 1564

Ella Fitzgerald - April 25,  
1917

Carol Burnett - April 26,  
1933

# The Woodcrest Villager

APRIL, 2018

## Spring is Springing!

When you consider just how long the winter is,



it is no wonder that we New Englanders are feeling a little pep in our step this time of year! The birds have been flirting in the trees and gorging on

black oil sunflower seeds in feeders outside of our windows. Bulbs, planted last fall, are poking their little green heads out

and there is the unmistakable smell of Spring in the air. Easter falls on the first of the month this year, and we'll share a nice Easter dinner and have a laugh with an Easter Egg Hunt! But watch out, it'll also be April Fool's day, who knows what trickery could be afoot!

"IT IS THE MARRIAGE OF THE SOUL WITH NATURE THAT MAKES THE INTELLECT FRUITFUL, AND GIVES BIRTH TO IMAGINATION."

-HENRY DAVID THOREAU,  
THE FATHER OF MODERN ENVIRONMENTALISM

## Happy Earth Day!

Earth Day is April 22, it marks the anniversary of the birth of the modern environmental movement. The idea for a day focused on the environment came to founder Gaylord Nelson, then a U.S. Sen-



ator, after witnessing the ravages of the 1969 massive oil spill in California.

Inspired by the anti-war movement, he realized he could infuse that energy with an emerging public consciousness about pollution. Look for our celebrations and ideas on how we can have a positive impact on our environment!



Ollie and Wally, crooning and swooning!

## Last Month in Review

Oh March, how funny you are! Inspiring the toughest of us New Englanders to call it a "Four Easter" month! Four Nor' Easters can't stop us

from having a grand time putting on the Woodcrest Variety Show! With the theme of The



of the "Four Seasons" we were right on track! It want swimmingly, and so did the rest of the month! Residents and staff, performers and musicians all came together and we all had fun! But, of course! Bravo!

### April Riddle-

*What goes up when the rain comes down?*

Answer on page 4



## Earth Day in the Bag

We here at Woodcrest, strive to be very conscientious and so naturally, Earth Day is significant

to us. In appreciation of the day, we will be decorating brown, recyclable bags from Hannaford's with

stencils, messages and one-of-a-kind art, done in acrylic paint. The store will add these bags to their display on April 22nd!

## More Changes in the Dining Room!

In keeping with our commitment to customizing the dining experience, we sent out a survey. The people have spoken!

What residents overwhelmingly agreed on, was making the noon meal a more traditional "lunch" and the evening meal,

the larger, more hardy meal. We'll try out our new plan for a month and reassess after that. Look for the change starting on April 2nd!



## Save the Date!

April Showers bring May flowers, just please don't let them be SNOW showers! We'll stay so busy we won't mind either way.  
4/1-Easter Sunday  
4/2-Maple Sugar

Presentation  
4/3- Earth Day Bag painting w/Beth  
4/5-Jim Hollis Concert  
4/9-Time Travelers Concert  
4/11- Croquet in the Community

Room  
4/12- Frank Logan Piano Concert  
4/19-Trip to Bethany's Farm House  
4/23-Reminisce over our old photos  
4/26-A.I.L.Talk with Art Rosen "Satan: Origin and History"

*"I think the reason I was successful is that I was never cynical."*

*-Carol Burnett*

## Visit Bethany's Historic Farm House!

New Hampshire is full of charming old farms and barns. As we all know, these beautiful buildings stand and represent centuries past, and

they require tender, loving care. Bethany Brenner has spent the last several years carefully restoring a gorgeous old farm house in Concord.

She has invited us to come take a tour and learn about it's fascinating history. We'll head south on April 19th to see what she's been up to, then we'll stop for pizza! Sign up early to go!

## Let's Reminisce!

It's always nice to think back and remember the good ol' days. Our CSC intern Chris, will be heading up a project to do just that. He

will be inviting folks to pull out a favorite photo and come regale us with the story behind the shot. A fond vacation memory? A photo-



graph of your first home? Or maybe a cherished family pet, please join us on April 23rd, share your photos and stories, and hear some too!