

The Woodcrest Villager

OCTOBER, 2018

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OCTOBER
-ROBERT
FROST

One-Woman Play “The Power of One” Comes to Woodcrest

Doris Haddock, known across New Hampshire as Granny D, gained nationwide prominence when she walked across the country from California to Washington DC, to bring light to the corrupting force of money in our political sys-

tem. Starting her walk at the age of 88, she walked 3,200 miles in 14 months and arrived in Washington at age 90.



Actress, Dixie Tymitz of Pittsburg, Pa is a professional actress, singer and storyteller who portrays Granny D with authenticity and embodies the incredible spirit and character of Doris Haddock. Don't miss this fascinating portrait on 10/26 in the Community Room!

Vote from the Comfort of Home!

No matter how you slice it, this is an interesting time politically. Let's exercise our right and duty to cast our votes! Linda Nicklos, the town clerk, will turn the

Community Room into an official voting site on 10/5/2018. You'll be able to declare residency in New London, apply for the absentee ballot,

as well as cast your votes. The registration will begin promptly at 9:45 am. Don't be late as this procedure will take some time and will be the only opportunity presented at Woodcrest.



Last Month in Review

September was short and sweet and we made the most of it! We took an outing to the New London Transportation Museum, had lunch at The Norwich Inn after a

lovely ride on Vermont country roads. We celebrated Oktoberfest in style with accordion music, bratwurst and beer! A "fruitful" apple picking ex-

cursion was a pleasant way to spend a warm autumn morning. We sure know how to enjoy September!

*"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt*

Children's Poet Performs

This month, we are in for a special treat. The talented children's poet, Ted Sheu, will be performing his poetry, discussing his career, and also visiting his aunt,

our own Mary Teach. Ted is a poet and teacher, who likes to spend his time visiting schools and running writing workshop for kids to "help young writers

find their voices." Look for him in the Community room on 10/16!



It's That Time Again!

Believe it or not, it's rolled around again, flu season! The Nursing staff would like to strongly encour-

age everyone to come have a flu shot during our annual flu clinic. This is a no cost event for resi-

dents and staff. The High Dose Flu Vaccination will be given on Friday, 10/12 from 9-11 am in the Community Room.



Save the Date

October is going to be a whirlwind of activity so hold on to your hats!

10/4– Bob Rutherford Concert

10/5– Voting Registration/ballot casting

10/10-Liz Maloof sings in the Courtyard

10/11-Archie Richards Classical Piano Concert

10/12-Flu Clinic

10/15-Sue King and Skyview Farm Animals

10/16-Ted Scheu Poetry Reading

10/17– Kathy Lowe sings

10/18– Wings of The

Dawn Wildlife Rehabilitator visits with Raptors

10/25- A.I.L. Talk “Day of the Dead”

10/26- “Granny D—The Power of One” performance.

10/27-Courtyard Harvest Party and Trick or Treaters

Critters come to Woodcrest Village

It’s well known that we are animal lovers here at Woodcrest Village. This month we can expect even more visiting creatures. On 10/15 local Alpaca

farmer and old friend, Sue King will come to the Courtyard with some of her furry and feathered farm residents. Then, on 10/18, Maria Colby, from Wings of the Dawn Wildlife Rehabilitation

Center and Bird Sanctuary, will give an informative talk about the 1000 animals she cares for each year. And she’ll also have some impressive raptor companions.

New Medicare Cards

This October, Medicare will be issuing new cards. Look for yours in the mail. It is very important that everyone who has Medicare, bring their new cards to the office so that we may update their files!



*A Very Happy Birthday
to*

Alan Johnson

10/3

And Also;

Groucho Marx – 10/2/1890

Desmond Tutu – 10/7/ 1931

Eleanor Roosevelt – 10/11/1884

Lee Iacocca – 10/15/1924

Evel Knievel – 10/17/1938

Mickey Mantle – 10/20/1931

Dizzy Gillespie – 10/21/1917

The Mystery is solved!

Some may be aware that we have been keeping an eye on a certain bird's nest in the courtyard visible through the Community Room windows. We wondered why this Morning Dove mama would be sitting on a nest this late in the year. It turns out that Doves will raise as many as five clutches in a season! Good thing it only takes two weeks to fledge because baby, it's getting cold outside!

Recipe of the Month: Spiced Pumpkin Muffins

• 3 cups flour • 1 tablespoon pumpkin pie spice • 1 teaspoon ground cinnamon • 2 teaspoons baking soda • 1 cup Splenda sugar blend • 1 teaspoon salt • 1 (15-ounce) can pumpkin puree • 4 eggs • 1/2 cup vegetable oil • 1/2 cup almond milk

Directions 1. Preheat oven to 375°F. Spray a muffin pan with cooking spray. 2. Combine flour, pumpkin pie spice, cinnamon, baking soda, Splenda, and salt in a large bowl. 3. Combine pumpkin puree, eggs, oil, and milk in a medium bowl. Add to flour mixture and stir until smooth. 4. Scoop batter equally into muffin pan, filling each cup about 2/3 full. 5. Bake 25–35 minutes. Makes 18 servings