

Woodcrest Villager

MARCH, 2019

Spring

Sound the
flute!
Now it's
mute!
Bird's de-
light,
Day and
night,
Nighting-
gale,
In the
dale,
Lark in
sky,—
Merrily,
Merrily
merrily, to
welcome
in the year.

-William
Blake



Welcome March!

March in New England is never sure to be one season or another but it's always full of change and growth! Mardi Gras and Ash Wednesday signify preparations for the reemergence of life. The days will be getting longer, especially after we "spring forward."



Then, before you know it, everything will be green for St. Patrick's Day. No matter the weather,

the Vernal Equinox occurs on the 20th, followed quickly by Purim. We will be celebrating all month with abundant musical performance, animal encounters and making new friends all along the way! May the luck of the Irish be with you on Casino Night too!

CSC students, Intergenerational Connections

A group of Colby Sawyer students will be spending some time with us here at Woodcrest in order to gain

some insight and to share some of theirs! On March 6th, we will host an "Intergenerational Connections" gath-

ering, with the goal of pairing students up with residents for interviews and discussions. Please join us and share your life experiences!

Last Month in Review



Whew! What a month February was! Short as it was, we managed to fit in a slew of musical performances, and some very interesting talks. We celebrated Chinese new Year with a



dragon and tasty Asian delights, Valentine's Day, with

not one but two parties, and we created our own holiday with Beach Day! To top it all off, our Runway Residents catwalked their way through a fabulous Fashion Show!

"Life is like riding a bicycle. To keep your balance you must keep moving."
-Albert Einstein

Hooked Rug Exhibit

Our Community Room will once again be hosting a fabulous exhibition of local art. This month, we'll be enjoying the

creations of the Hilltop Rug Hookers! This talented group of ladies have all contributed beautiful examples of this tradi-



tional art form. We'll celebrate the opening of the exhibit on March 5th at 3:30!



The MooseMan Pays a Call

Wild life photographer, Rick Libbey has spent countless hours quietly waiting to capture the mo-

ments in nature that only the very patient or very lucky get to witness. He'll be coming to tell us all about those expe-

riences and show some of his incredible photography on 3/7 when he presents: "Moments in the Wild."

Save the Date

This is going to be one busy month! Hold on to your hats!

3/1– Reminiscing with Lois and Cindy

3/3, 3/24-Adopt a Grandparent

3/5– Rug Hooking Exhibit opening Celebration

3/5– Meet CSC students

for Interviews

3/7-MooseMan talk
"Moments in the Wild"

3/9,3/29– Volley Balloon with Will

3/9– Sing-along with Dick and Patty

3/12– Special Pub with Click and Joanie

3/14-CASINO NIGHT

3/17– Croydon Singers perform

3/20– Donkeys Visit!

3/25-Kathy Lowe sings

3/21- Gerry Grimo and The Eastside Quartet perform

3/26– Women’s Tea

3/28– A.I.L. “Rosie the Riveter”



Feeling lucky? Why not come roll the dice and place some bets at our very own Casino Night? On March 14th we'll be all in with Poker and Roulette, dice games and more! The floor opens at 6:30, in the Community Room. See you there!

Joke of the Month

Can

February

March?

(Answer on page 4)

Road to Independence brings to Donkeys Woodcrest!

How nice that on the first day of spring, we'll have some very special guests. Road to Independence is a non-profit pre-

vocational training program based in Newport, NH. "Our programs offer new opportunities for individuals to gain self-esteem, confidence

and independence in their everyday lives and within their communities." The group will be bringing two miniature Donkeys to visit us! Don't miss this wonderful event!



Don't forget to set
your clocks ahead on
3/10!



*A Very Happy
Birthday to;*

Gay Estin

3/7

Dawn Carter

3/28

And Also to;

Ron Howard-3/1/1954

Dr. Seuss-3/2/1904

Bobby Fischer-3/9/1943

Liza Minnelli-3/12/1946

Albert Einstein-
3/14/1879

Nat King Cole-3/17/19

Moms Mabley-3/19/1894

Fannie Farmer-3/23/1857

Alan Arkin-3/26/1934

Liz Claiborne – 3/31/1929

Recipe of the Month: Prosciutto

Wrapped Asparagus

This quick and delicious appetizer makes use of those first shoots of
spring vegetables and can be whipped up in a flash.

- Rinse and trim tender asparagus
- Wrap one or two slim stalks in single slice of prosciutto
- Form a single layer on a baking sheet and drizzle with olive oil
- Sprinkle with pepper and a little parmesan cheese
- Bake in a 450 oven for 5 minutes
- Arrange on a platter and watch them vanish!

