The Woodcrest Villager

SEPTEMBER, 2019

"The best loved stories are not from books or films, but those from our own families"
- Jane McGarvey

Hello September!

September ushers in Autumn which is a famously beautiful and nostalgic time in New England. As the seasons change, it's easy to become reflective and look back at our life's stories. On 9/5 We will be celebrating some of those memories with a new exhibit in our Community

Room called, "Our Treasures." Residents have shared select pieces of art that have been meaningful to them and these will be on display all month. That is why this is an excellent time to put pen to paper and flesh out some of the moments in our lives that we hold dear. This

month, on Friday mornings, from 10-11 am, Nicolette Asselin will be leading a "Life Stories" writing group. The aim is capture cherished memories, to preserve the funny, sweet and momentous times for our family and friends. Join us and tell your story!



Autumn Begins!

That smell in the air, the amber light, the brilliant color in the trees, it all points to one fact: fall is upon us! This year, the Autumnal Equinox is on September 23rd. The September equinox marks the moment the Sun crosses the celestial equator and the day and night are of equal lengths. Let's welcome this cool, contemplative time of year and enjoy it for all it's glory.

Last Month in Review



August was full of summery enjoyment! We read poetry on the deck, and had a blast on the MV Mt. Sunapee. We celebrated Hospital Days by cruising in the parade in a cool con-

performances by Beth Eldridge, Click and Joan Horning, name a few! In the country fair, complete with mid-way

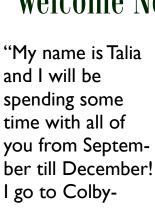
vertible. There were games and caramel apples! A trip to the Fells was just as lovely as always. We wrapped up and Jim Hollis just to our summer film series and took in the last of a Courtyard, we had a fantastic season at the Barn Playhouse! So much summer to savor!



Early Autumn Trips!

September is a great time to take a ride in New England. This month we'll hit the road and take a fall foliage excursion on the Hobo Railroad on September 10th. We'll also visit the one-room Tucker Mt. School House. There will be rides up Mt. Kearsarge, to Pleasant Lake and all round leaf peeping! Keep your eye on the calendar and sign up to go!





Sawyer College and will be graduating in December with a bachelors in Sociology. My overall aspiration in life is to help

people. When I have some free time I love to spend it watching the sunset as no one sunset is the same. I look forward to getting to know all of you!"





Save the Date

Thirty days hath September and they'll be busy! Here are some highlights!

9/3– Trip to One Room School House

9/5– Opening Celebration "Our Treasures"

9/10- Hobo Train Ride

9/12-Jim Perkins presents "Mrs. Jane Tracy

9/15-Croydon Singers perform

9/16-CY Trip to Pleasant Lake

9/17-Special Pub with Terry Richards

9/24– Carol and Jim Zablocki present 'Mt. Washington'

9/26-A.I.L.

9/27-Bob and Joan Duquette lead Spiritual Jamboree

9/30– Courtyard Ride up Mt. Kearsarge

"Painting is

not

important.

The

important

thing is

keeping

busy."

-Grandma

Moses



Who could forget the silly fun of this classic gameshow? We are going to recreate the goodnatured antics and host our version!

Do you know any eligible bachelors or bachelorettes among your family and friends? Are you game? We are seeking some contestants to ask or be asked

dating questions, and have the chance to share a light-hearted "dinner date" prize! Let the Activity staff know if you've got a daring sense of fun!

September Riddles

Can you name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday?

Yesterday, Today, and Tomorrow.

Why was the Scarecrow promoted at his job?



Because he was OUTSTANDING in his field!

Happy Birthday September Babies!

A very Happy Birthday to;

Sandy Pheffer

9/2

Tom Reynolds

9/3

Moe Asselin 9/16



And also

Grandma Moses - 9/7/1860

Otis Redding - 9/9/1941

Arnold Palmer - 9/10/1929

Agatha Christie - 9/15/1890

Peter Falk - 9/16,/1927

H.G. Wells - 9/21/1866

Jim Henson - 9/24/36

Ed Sullivan - 9/28/1901

Johnny Mathis - 9/30/35

Recipe of the Month

Crazy Cornbread

2 boxes Jiffy Cornbread Mix

1 box yellow cake míx

5 eggs

2 cups mílk

1/3 cup vegetable oil

Míx all ingredients until well blended—bake in a greased 9X13 dish at 350 for 45 minute, until a toothpick inserted come out clean.

Contributed By Robin Pollard