

# The Woodcrest Villager

MARCH, 2020

## In Like a Lion, Out Like a Lamb!

“THAT IS ONE GOOD THING ABOUT THIS WORLD-THERE ARE ALWAYS SURE TO BE MORE SPRINGS”

-L.M.  
MONTGOMERY

March 19th is the much anticipated “First Day of Spring!” As we know, that doesn’t always mean we’re in for all fair weather and flowers, but it is a hopeful month. A time to plan gardens, and start spring cleaning.



We’ll be thinking (and wearing) green for St. Patrick’s Day too! Let’s have a toast; to the end of one season and the

beginning of the next!

*“To all the days here and after  
May they be filled with fond memories, happiness, and laughter.”*

Here Here!

## Welcome Spring!

On Thursday, March 19, at 11:50 p.m. those of us in the Northern Hemisphere will welcome spring with the arrival of the vernal equinox. If this seems early to you, you’re right! In fact, this is the



earliest the vernal equinox has occurred in 124 years. Traditionally, we celebrate the first day of spring

on March 21, but astronomers and calendar manufacturers alike now say that the spring season starts on March 20th, in all time zones in North America. And in 2020, it’s even a day earlier than that! We’ll take it!



## Last Month in Review



February was fast and full! We celebrated Kathy Lowe's fascinating photo exhibit, not to mention a mask and dance to go accompany it!

We learned a lot, exploring some principles of two dimensional art. As usual, there was lots of

music by friends like The Time Travelers, Chuck Will and a very lively "quartette and a half" called The East Bay Jazz Ensemble. We fell in love all over again on Valentine's Day, with Richard King on guitar, singing love songs. The Courtyard took a delightful lunch out on the town.

We took a day to remember how great that food cooked on the grill tastes and also, how good we look in sunglasses for Beach Day. We took a virtual trip down the Camino de Santiago during another interesting A.I.L. presentation. Good thing we had that extra day this month!



## Welcome New Arrivals!

This time of year, we'll be seeing signs of new life here and there. And we'll be seeing some new folks here at Woodcrest Village.

We're pleased to welcome them both! Alice Nulsen and Jo Dinan have recently joined our number and we are so glad! We hope they will

all feel at home and happy here at Woodcrest and we can't wait to get to know them better!

**Welcome!**

## *Proctor Students come to Woodcrest Village*

It's a busy time of year for students of all ages, but some active kids over at Proctor Academy in Andover will be spending some time with us and helping us prepare for our upcoming variety show! Look for them in the days leading up to the big show!

PROCTOR 



## Save the Date

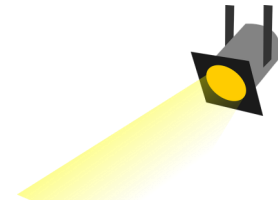
March can be a fickle month in New England, always changing it's mind. But we've made plans to stay busy, so keep your eye out for these upcoming events and more!

- 3/3-** Special Pub with music by Chuck Will
- 3/5-** Rich Araldi Vibraphone concert
- 3/13-** Michael Brown performs his original play "Looking over the President's Shoulder"
- 3/11-** Buddy Sanborn piano

concert

- 3/12-** Art Opening Celebration for Jay Fitzpatrick
- 3/18-** Sue King visits with Skyview Farm Animals
- 3/19-** A.I.L Maggie Kennedy
- 3/26-** Variety Show
- 3/29-** Spiritual Jamboree with Bob and Joan Duquette

## Come One, Come All!



Hard to believe, but it's already time for our biennial **Woodcrest Variety Show!** Residents, staff, and community members have all been tuning up their acts for what is sure to be another hilarious display of all our collective talents! Please invite family and friends to join us for evening of laughter and music in the Community Room!

The show starts at 6:45 pm on Thursday, March 26th!



## *Baking up Goodies in the Country Kitchen*

What's better than the smell of fresh baked goods in the morning? Marybeth Patterson will be helping to fill our kitchen and corridors with the wafting aroma of delicious home baked treats. Come lend a hand or have a coffee and chat on Monday mornings at 10 am, see what's cooking!



## March Magic Brainteaser

Think of a number, any number-

Now Double it-

Now add 10-

Now divide it in half-

Now subtract your original

Number-

You are left with...

**5**

*Happy Birthday*

*Terry Dancy*

*3/5*

*Gay Estin*

*3/7*

*Dawn Carter*

*3/28*



Don't forget to "Spring Forward" and set your clocks ahead 1 hour on Sunday, 3/8!

## Recipe of the Month

*Mary Teach's Chocolate Sauce*

Melt together **2 squares chocolate** and **1 tbs of butter** then add:

**½ cup water** and bring to a boil and add:

**1 cup sugar** and bring to a boil again.

Let boil gently for 5 minutes then add:

**a pinch of cream of tartar (½ tsp)** then add:

**1 tsp vanilla**

