


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Activities are subject to change Please check the daily board for updates</p> <p>Waldo's Pub is open daily from 4:30-5:30PM All are welcome!</p> <p>The Hair Salon is open every Thursday</p>			1	2	3	4	
			<p>9:00- Men's Group (PD) 10:00 -Musical Exercise 1:30- Food Committee Meeting (CR) 3:00- Sue Anne Thayer Sings (CR)</p>	<p>10:00-Sit and Get Fit (CR) 11:00- Delicious Demonstration (CK) 1:30- Knitting Group(FR) 3:00- Chess (AR) 3:00- Flower Arranging (CK) Groundhog Day</p>	<p>10:00-Chair Exercise 11:00- Bowling (CR) 1:00- Trip to The Creation Place Pottery 1:30- BINGO with Peg and Molly (CR)</p>	<p>1:30- Saturday Matinee <b>Leap Year</b></p> <p><i>Activity Packets-Library Board Games and Painting Activity Room</i></p>	
5	<p><b>Foot Clinic</b></p> <p>9:30- Room Visits 10:00-Chair Exercise(CR) 11:00- History and Memories with Jane (LV) 1:30- Art Opening Celebration. A collection of works by Colby Sawyer Students (CR)</p>	6	7	8	9	10	11
<p>10:30- First Baptist(CR) 10:30- OLF Mass (FR) 11:30- Communion (LV) 1:30- Documentary (CR)</p>		<p>10:00- Strength and Balance Exercises (CR) 11:00- Chapel Service 1:30- Scenic Van Ride 3:00- Valentine's Day Card Making (AR)</p>	<p>9:00- Men's Group (PD) 10:00- Musical Exercise 11:00- Getting to know your neighbors (CK) 1:30- Baking and Decorating Sugar Cookies (CK)</p>	<p>10:00-Sit and Get Fit (CR) 11:00- Dixie Visits (CR) 1:30- Knitting Group (FR) 3:00- Flower Arranging (CK)</p>	<p>10:00-Chair Exercise(CR) 11:00- Art Cafe (CR) 1:30- BINGO (CR) 3:00- Watercolors (CR)</p>	<p>1:30- Saturday Matinee <b>The Guilt Trip</b></p> <p><i>Activity Packets-Library Board Games and Painting Activity Room</i></p>	
12	13	14	15	16	17	18	
<p>10:30- First Baptist (CR) 10:30- OLF Mass (FR) 11:30- Communion (LV) 1:30- Documentary (CR) 6:30- <b>Super Bowl 2023</b> Watch on the Big Screen in the Front Room!</p>	<p>10:00-Chair Exercise(CR) 11:00- History and Memories with Jane(LV) 1:30- Crosswords (CR) 2:30- Andrea Bocelli Love in Portofino (CR)</p>	<p><b>Happy Valentine's Day! Scavenger Hunt</b></p> <p>10:00- Exercise (CR) 11:00- Chapel Service with Dick Dutton (CR) 1:30- Valentine Craft Hershey Kiss Roses (CR)</p>	<p>9:00- Men's Group (PD) 10:00-Musical Exercise 1:30- Trivia (LV) 3:00- East Bay Jazz Band Performs Dixieland Theme (CR)</p>	<p><b>Foot Clinic</b></p> <p>10:00-Sit and Get Fit (CR) 11:00- Delicious Demonstration (CK) 1:30- Knitting Group (FR) 3:00- Flower Arranging (CK)</p>	<p>10:00-Chair Exercise(CR) 10:00- Room Visits 11:00-Coffee Clutch(CK) 1:30- BINGO (CR) 3:00- Opera in the Afternoon (CR)</p>	<p>Happy Birthday Lois <b>The Rainmaker</b></p> <p><i>Activity Packets- Library Board Games and Painting Activity Room</i></p>	
19	20	21	22	23	24	25	
<p>10:30- First Baptist (CR) 10:30- OLF Mass (FR) 11:30- Communion (LV) 1:30- Documentary(CR)</p>	<p>10:00-Chair Exercise(CR) 11:00- History and Memories with Jane (LV) 1:30- Crosswords (CR) 2:30- Celtic Women Songs from the Heart(CR)</p> <p>Presidents' Day</p>	<p>10:00- Strength and Balance Exercises (CR) 11:00- Chapel Service Lake Sunapee United Methodist Church (CR) 1:30- Trivia (LV) 3:30- Oragami: Art of Folding Papers (CR)</p> <p>Mardi Gras</p>	<p>9:00- Men's Group (PD) 10:00-Chair Exercise (CR) 11:00- OLF Ash Wed Prayer Service (CR) 1:30- Resident Council (CR) 3:00- Walking Group</p> <p>Ash Wednesday</p>	<p>10:00-Sit and Get Fit 11:00- Dixie Visits (CR) 1:30- Knitting Group(FR) 3:00- Flower Arranging (CK)</p>	<p>10:00-Chair Exercise(CR) 10:00- Room Visits 11:00- Art Cafe (CR) 1:30- BINGO (CR) 3:00 - Watercolors (AR)</p>	<p>1:30- Saturday Matinee <b>Blithe Spirit</b></p> <p><i>Activity Packets-Library Board Games and Paint Activity Room</i></p>	
26	27	28	 <p><b>February 2023</b> Woodcrest Village Activities</p>				
<p>10:30- First Baptist (CR) 10:30- OLF Mass (FR) 11:30- Communion (LV) 1:30- Documentary (CR)</p>	<p>9:30- Room Visits 10:00- Chair Exercise(CR) 1:30- Crosswords (CR) 2:30- Andre Rieu Love in Venice (CR)</p>	<p>10:00- Strength and Balance Exercises (CR) 11:00- Chapel Service St. Andrew's Church 1:30- Scenic Van Ride 3:00- Trivia (LV)</p>					

AR= Activity Room CR= Community Room CY= Courtyard CK= Country Kitchen LV= Living Room PD=Private Dining Room FR= Front Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Activities are subject to change Please check the daily board for updates</p> <p>The Hair Salon is open Thursdays</p>			<p>1</p> <p>9:00- Men's Group 10:00-Musical Exercise 11:00- Van Ride 1:30- Piano with Nick 3:00- SueAnne Thayer Performs 4:00- Happy Hour</p>	<p>2</p> <p>10:00-Sit and Get Fit 10:00- Room Visits 11:00- Games 1:00- Piano with Olivia 2:00-Gentle Stretches 4:00- Happy Hour</p> <p>Groundhog Day</p>	<p>3</p> <p>10:00-Chair Exercise 11:00- Bowling 2:00- BINGO 3:00- Show and Tell 4:00- Happy Hour</p>	<p>4</p> <p>2:00- Saturday Matinee <b>The Sound of Music Part 1</b> 1965 American Musical 4:00- Happy Hour</p>
<p>5</p> <p>10:00- Spiritual Eldercare Worship 11:30-Communion 2:00- <b>The Sound of Music Part II</b> 4:00- Happy Hour</p>	<p>6</p> <p><b>Foot Clinic</b> 10:00- Chair Exercises 11:00- Helping Hands 2:30- BINGO 4:00- Happy Hour</p>	<p>7</p> <p>10:00-Chair Exercise 10:00- Room Visits 11:00- Chapel Service 2:00- Jennifer Sings 3:00- Card Making 4:00- Happy Hour</p>	<p>8</p> <p>9:00- Men's Group 10:00-Musical Exercise 11:00- Travel Talk 1:30- Piano with Nick 2:30-Cookie Decorating 4:00- Happy Hour</p>	<p>9</p> <p>10:00-Chair Exercise 10:00- Room Visits 11:00- Dixie Visits 1:00- Piano with Olivia 2:00- Show and Tell 4:00- Happy Hour</p>	<p>10</p> <p>10:00-Chair Exercises 11:00- Art Cafe 1:30- Balloon Volley 2:30- Sing-A-Long 4:00- Happy Hour</p>	<p>11</p> <p>2:00-Saturday Matinee <b>Annie</b> 1982 American Musical comedy-drama 4:00- Happy Hour</p>
<p>12</p> <p>10:00- Spiritual Eldercare Worship 11:30- Communion 2:00- <b>Andrea Bocelli Love in Portofino</b> <i>youtube</i> 4:00- Happy Hour 6:30-Super Bowl 2023</p>	<p>13</p> <p>10:00-Chair Exercises 11:00- Helping Hands 2:30- BINGO 4:00- Happy Hour</p>	<p>14</p> <p>10:00- Chair Exercise 10:00- Room Visits 11:00- Chapel Service 2:00- Jennifer Sings 3:00- Heart Hunt 4:00- Happy Hour</p> <p>Valentine's Day</p>	<p>15</p> <p>9:00- Men's Group 10:00- Musical Exercise 11:00- Van Ride 1:30- Piano with Nick 3:00- East Bay Jazz Band Performs 4:00- Happy Hour</p>	<p>16</p> <p><b>Foot Clinic</b> 10:00-Sit and Get Fit 10:00- Room Visits 11:00- Chinese Zodiac 1:00-Piano with Olivia 2:00- Sensory Fun 4:00- Happy Hour</p>	<p>17</p> <p>10:00-Chair Exercises 11:00- Coffee Clutch 1:30- Balloon Volley 2:30- Sing-A-Long 4:00- Happy Hour</p>	<p>18</p> <p>2:00- Matinee Netflix Family <b>Dog Gone</b> The feel-good film is based on a true story about one family's quest to find their son's lost dog 4:00- Happy Hour</p>
<p>19</p> <p>10:00- Spiritual Eldercare Worship 11:30- Communion 2:00- Netflix Documentary <b>Kangaroo Valley</b> 4:00- Happy Hour</p>	<p>20</p> <p>10:00-Chair Exercise 11:00- Helping Hands 2:30- BINGO 4:00- Happy Hour</p> <p>Presidents' Day</p>	<p>21</p> <p>10:00- Chair Exercise 11:00- Chapel Service 12:00-Mardi Gras Lunch 2:00- Jennifer Sings 3:00-Gentle Stretches 4:00- Happy Hour</p>	<p>22</p> <p>9:00- Men's Group 10:00-Musical Exercise 11:00- Catholic Mass 1:30- Piano with Nick 2:30 - Helping Hands 4:00- Happy Hour</p> <p>Ash Wednesday</p>	<p>23</p> <p>10:00- Sit and Get Fit 10:00- Room Visits 11:00- Dixie Visits 1:00- Piano with Olivia 2:00- Games 4:00- Happy Hour</p>	<p>24</p> <p>10:00-Chair Exercises 11:00- Art Cafe 1:30- Balloon Volley 2:30- Sing-A-Long 4:00- Happy Hour</p>	<p>25</p> <p>2:00- Saturday Matinee <b>Casablanca</b> 1942 American Romantic Drama Film 4:00- Happy Hour</p>
<p>26</p> <p>10:00- Spiritual Eldercare Worship 11:30-Communion 2:00- Documentary <i>youtube</i> <b>Antarctica Tales From the End of the World</b> 4:00- Happy Hour</p>	<p>27</p> <p>10:00-Chair Exercise 11:00- Helping Hands 2:30- BINGO 4:00- Happy Hour</p>	<p>28</p> <p>10:00- Chair Exercise 11:00- Chapel Service 2:00- Jennifer Sings 3:00-Gentle Stretches 4:00- Happy Hour</p>	 <p><b>February 2023</b></p> <p><b>Courtyard Activities</b></p>			