

May 2025

# Woodcrest Villager

Woodcrest Village Assisted Living | 356 Main Street, New London, NH | 603.526.2300



## Happy Mother's Day

To all of you who have mothered those you care about. You are special in so many ways, but especially for all the unselfish ways you give of yourself for the benefit of someone you love.



## National Nurses Week

Woodcrest is so fortunate to have a wonderful crew of nurses. While they are appreciated each day, we are pleased to acknowledge their hard work and dedication during National Nurse's Week May 6<sup>th</sup>-12<sup>th</sup>. Let's also recognize our retired nurses who have left an indelible mark on so many lives. Resident Donna Miller pictured below.



## The Merry Month of May

Another season of rebirth has arrived. This vibrant Spring month is bursting with life. After a long New Hampshire winter, it sure is good to witness everything waking up and coming alive. Our raised garden beds will be fertilized and brought to life soon. Bring your green thumb or enthusiasm on Wednesday May 28<sup>th</sup> and come help.



## Scenic Van Rides

Despite the cold icy weather in April, we were blessed with a handful of sunny days to enjoy scenic rides and luncheons. Trip to the Refinery restaurant pictured below.





## International Museum Day

International Museum Day is celebrated annually on May 18th, organized by the International Council of Museums (ICOM). It's a global event that highlights the transformative role of museums and raises awareness about their importance in society. Be sure to sign up with Activities for a trip to one of these local museums.

### Mt. Kearsarge Indian Museum

May 5, 1:00pm~ Museum exhibits allow visitors to travel through time and space displaying artifacts and presenting information on prehistoric to contemporary Native Americans from every corner of the North American continent. MKIM is always adding to and changing exhibits so be sure to see what's new at the museum this month!



### John Hay Estate at The Fells

May 12, 10:00am~ No Dig Gardening. Charlie Nardoizzi is a regional Emmy award winning, nationally recognized garden writer, speaker, radio, and television personality. He has worked for more than 30 years bringing expert gardening information to home gardeners.

### The Ice House Museum

May 29, 11:00am~ The Ice House Museum offers a memorable, hands-on experience for visitors of all ages. Antique Ford cars, children's ride-on toys, (Linda Flint pictured right,) steam whistles, padlocks, washing machines, auto parts, horse-drawn carriages, a town jail, blacksmith shop and tinsmith shops!

## May Activities and Events

### Calling All Walkers

A daily exercise routine, even something as simple as a daily walk, increases fitness. We are looking to bring back the Woodcrest walking group. The group would travel to Sunapee State Beach, Colby Sawyer track the Fells and more! Let Activities know if you have suggestions or would like to join the group!

### Weekly Activities

Chair exercises Sun-Friday at 10am  
Men's Group Wednesdays at 9am  
Knitting Group Tues/Thurs at 1:30pm  
Card Games Tuesdays at 3pm  
Book Club Fridays at 3pm

### Special Events

5/2- Derby Hat Decorating  
5/3- Kentucky Derby  
5/5- Van Ride to Mt. Kearsarge Indian Museum  
5/7- Live Music with Jim Hollis  
5/9- Dixie Dog Does Tricks  
5/11- Mother's Day Grace Rapetti Sings  
5/12- Trip to the Fells  
5/14- Live Music with Bill Parker  
5/19- Live Music with Tim Kelley  
5/21- Resident Council/Foot Clinic  
5/22- Frank Kelecy Sings  
5/28- Gardening Day  
5/29 – Trip to the Ice House Museum





## Presenting a New Art Exhibit in the Community Room

*Oil Paintings*  
by artist **Chuck Hutchins**



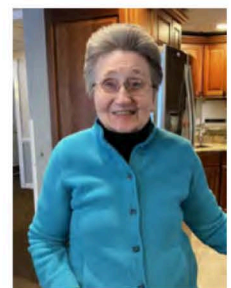
Chuck paints purely for his own enjoyment and to share with family and friends. We're fortunate that he is sharing his paintings with all of us for the month of May!

## May is National BBQ Month

The recent one-day heat wave has us thinking forward to BBQ season. In May, we will begin our bi-weekly BBQ buffet, and the new menu cycle. Residents can look forward to new seasonal fares. Items to tempt the palate are Cedar Plank Salmon, Bourbon BBQ Chicken, Baby Back Ribs, Pulled Pork, Flame-Grilled Cheeseburgers and Marinated Shrimp & Pineapple Skewers.



## More Spring Trips and Activities



## NEW LONDON BARN PLAYHOUSE

Every year we purchase season's tickets to the Barn Playhouse matinee performances. This year offers a wonderful selection of shows. Please see Megan, Activities to reserve a seat. Tickets to Woodcrest Residents are discounted and can be billed to your monthly account.

June 18- **The Bridges of Madison County**

July 7- **Sister Act**

July 23- **Mary Poppins**

August 13- **Hairspray**

August 27- **The Cottage**

## Welcome New Residents!

We look forward to meeting Joan Chesley, Phil O'Brien and Helmut Schmidt. We truly hope they feel right at home here at Woodcrest Village!



## The Kentucky Derby May 3rd

The Kentucky Derby is a top ranked race for three-year-old Thoroughbred horses. The race distance is one and one-quarter miles long, and it is run on the dirt racetrack at Churchill Downs in Louisville, Kentucky.

Twenty horses compete in the Kentucky Derby. It is the longest continually held sporting event in America, and it is one of the most prestigious horse races in the world. Often called "The Most Exciting Two Minutes in Sports", the Kentucky Derby receives this nickname from the approximate length of time it takes the winner to run from the starting gate to the finish line.

Stay tuned for fun Kentucky Derby related activities right here at Woodcrest including horse betting, Derby hat decorating, mint juleps and of course a Derby race party! Enjoy the matinee Seabiscuit, the remarkable tale of a thoroughbred racehorse and down-and-out jockey who together became two of the most celebrated sports figures of the 20<sup>th</sup> century.



## May Birthdays

In astrology, those born from May 1–20 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home. Those born between May 21–31 are Gemini's Twins. Geminis love conversation, and they are good at it, too! Witty, intellectual, curious, charming, and imaginative, they're often the life of the party.

May 8- Theresa Boisvert  
May 14- Lyman Smith  
May 15- Cynthia Donovan

## Woodcrest Derby Betting

### Place your Bets

**ALL BETS \$ 1**

### *How to Play*

**BET** on as many horses as you wish.  
No need to choose win, place or show.

**PAY** the bookie (Concierge) \$1 per bet.

**WRITE** your name on your betting slip and place the slip in your favorite horse's jar.

The pool is split among the bettors on the horse that wins.

