

# Woodcrest Villager

Woodcrest Village | 356 Main Street New London, NH 03257 | 603-526-2300



## February Moments



## Welcome Spring

March is a month of change, and here at Woodcrest, we're embracing every bit of it! As the old saying goes, "March comes in like a lion and goes out like a lamb." Early in the month, the weather can be blustery and unpredictable, reminding us that winter isn't quite ready to let go. As the days pass, signs of spring begin to appear such as longer days, brighter sunlight, and the first blooms of the season.

Just like the weather, March offers a mix of activities to keep us engaged and energized. Once the frost heaves settle, we hope to take more scenic van rides, including a visit to a local sugarhouse. Photo below is from a delightful outing last year to Cynthia's family sugar house, Harding Hill, where we learned about maple syrup grades. We tasted syrup, from light golden to dark amber, each having its own unique flavor.



We also have plenty of live music this month, including classical piano with Archie Richards, The East Bay Jazz Band, Storyteller and Musician Chris Ekblom, and our favorite local musician Tim Kelly.

It's also time for our gardeners to reconvene and discuss plans for our spring and summer gardens.

We hope everyone enjoys the mix of activity, music, and creativity this month, embracing the gentle lamb-like days of March and looking forward to the bright days of spring ahead!

## Woodcrest Woodworking Group



The Woodcrest woodworking group put their skills to work creating lovely picture frames and keepsake boxes. Each piece showcases residents' craftsmanship and creativity. The frames were a perfect project for displaying cherished memories.

## Knitters Take a Field Trip



A few resident knitters recently swapped their usual circle for a fun outing to a local yarn store, Hodgepodge Yarn & Fibers, in Newport NH. The ladies enjoyed exploring colorful skeins, discovering new patterns, and sharing tips and ideas with each other. Everyone left excited to bring their new finds back to the knitting circle.

## A fun Twist on a Classic Craft

Quilters all around the world will be piecing together fabric into wonderful creations on March 21, Worldwide Quilting Day. Join us for a paper quilting project, an easy and fun way to enjoy the art of quilting without the needles. Residents can look forward to designing colorful patterns and creative beautiful quilt-inspired pieces perfect for display.

## Community Room Art Exhibit



Painting by Bethany Brenner

Painting by number is a creative activity that has been enjoyed for generations. With its guided approach, it makes creating beautiful artwork accessible to everyone, regardless of experience. Each canvas is divided into numbered sections that correspond to specific paint colors. By carefully filling in one section at a time an image gradually comes to life.

We would like to extend our sincere thanks to Bethany Brenner, Executive Director of Woodcrest, for generously lending her personal paint-by-number collection for us all to enjoy. Her beautiful pieces added inspiration and color to the Community Room.

## March Activities and Events

Chair Exercises Sun-Fri at 10 a.m. Men's Group Wednesdays at 9 a.m. Knitting Group Tues/Thurs at 1:30 p.m. Hair Salon and in town errands on Thursdays BINGO Fridays at 11:00 a.m. Book Group with Barb Saturdays at 10 a.m.

- 3/2- East Bay Jazz Band Performs
- 3/6- New London Elementary Reading Buddies
- 3/8- Boston Celtics Game on Big Screen
- 3/8- Daylight Savings Time
- 3/11- Kearsarge High School students visit
- 3/11- Live Music with Tim Kelly
- 3/13- New London Elementary Reading Buddies
- 3/16- Live Music with Chris Ekblom
- 3/17- Happy St. Patrick's Day
- 3/20- Welcome Spring
- 3/20- New London Elementary Reading Buddies
- 3/26- Classical Piano with Archie Richards
- 3/27- New London Elementary Reading Buddies

## NL Elementary Reading Buddies

Residents at Woodcrest will be welcoming New London Elementary students for a special reading buddy program designed to bring generations together. As reading buddies, residents and students pair up on Fridays to share books, practice reading aloud, and enjoy lively discussions about the stories.

The program not only encourages literacy for young readers but also provides residents with meaningful social interaction and the joy of connecting with a younger generation.

Jo Woodward, Woodcrest resident, worked in the classrooms at New London Elementary for many years. Throughout her career she was known not just for sharing knowledge, but for inspiring curiosity, confidence, and a love of learning in every student. Jo has been involved in the Reading Buddies program since it began and encourages residents to get involved. Please see Megan Loomis, Activities Director, if you are interested in participating.

## Sports Corner

The road to the 2026 Men's Final Four officially begins on Selection Sunday, March 15, 2026, when the 68-team bracket is revealed. Sixty-eight of the country's best men's college basketball teams will compete in a three-week tournament known as March Madness, or the Big Dance.

The tournament begins with dozens of college teams from across the United States competing in a single-elimination format. Each round narrows the field until only two teams remain to compete for the national championship.

What makes March Madness especially fun is its unpredictability. Underdog teams often defeat higher ranked favorites, creating plenty of excitement. Fans enjoy filling out "brackets", predicting which teams will win each game as the tournament progresses.

Even for those who don't usually watch basketball, March Madness is about more than the sport. At Woodcrest you can look forward to friendly competition and viewing parties in the Community Room.

## Winter Olympic Fun

Below snapshots capture the smiles and determination from our "Minute to Win It" Olympic challenges last month.



## A Broadway Classic Turns 70

Seventy years ago, on March 15, 1956, My Fair Lady opened on Broadway and quickly became one of the most celebrated productions in musical theater history. Its premiere at the Mark Hellinger Theatre marked the beginning of a record setting run that helped define a golden era for the American stage.

Set in 1912 London, the story follows Eliza Doolittle's transformation from a struggling flower seller into someone confident enough to challenge the expectations placed on her.

The musical also offers a snapshot of a changing era. London in 1912 balanced Edwardian elegance with social tension. Suffrage activism was gaining momentum, fashion was beginning to loosen from restrictive styles, and the traditional class structure faced increasing scrutiny. While My Fair Lady presents these shifts with wit and charm, its backdrop hints at the larger societal forces shaping the characters' world.

Over the decades the show's score has played a major role in its longevity. Songs like "I Could Have Danced All Night" and "Wouldn't It Be Lovely" became standards, recorded by a wide range of performers and woven into popular culture. The familiarity of the music keeps the show accessible, even for those who haven't seen a full production in years.

My Fair Lady will be shown on the big screen in the Community Room on **March 28th at 1:30pm.**

## Welcome New Residents

We have some new faces at Woodcrest. Please join us in extending a warm welcome to Cynthia Marshall and Trudy Baily-Byrnes who joined us here at Woodcrest in February. We hope they are settling in and feel right at home.

## March Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who "go with the flow." Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

We wish all residents celebrating birthdays this month a very happy birthday and a wonderful year ahead filled with joy, good health and special moments with family and friends!

Linda Flint- March 3<sup>rd</sup>

Leslie Enroth- March 18<sup>th</sup>

## A Little Luck, A Lot of Fun!



Residents are invited to kick off St. Patrick's Day with a journey to southern Ireland from Waterford to the Ring of Kerry without leaving your seats! Rick Steve's Travel will allow us to explore Ireland's beautiful landscapes.

In the afternoon we will gather at Waldo's Pub for a festive St. Patrick's Day celebration filled with good food, friends and a touch of Irish cheer.