

National Ice Cream Month



You may eat ice cream year-round, but there is an entire month dedicated to this tasty treat. We can thank President Ronald Reagan for filling our stomachs with ice cream each July. In 1984, the 40th president of the United States proclaimed July as National Ice Cream Month and the third Sunday of the month as National Ice Cream Day.

When the rain let up, we made a dash for our favorite ice cream stand at Sanctuary Dairy Farm. There were so many flavors to choose from, but the top three favorites were maple walnut, rum raisin and black raspberry.



If you could not make the last trip to Sanctuary join us for an ice cream social on July 9 right here at Woodcrest Village on the porch!

July Birthdays

In astrology, those born July 1—22 are the Crabs of Cancer. Crabs are emotional nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Those born July 23—31 are the Lion star sign, Leo. Leos are dignified, strong, and powerful, making good leaders and honorable friends. They are also ambitious, reaching for the stars, working hard, and accomplishing their goals.

- July 16- Helmut Schmidt
- July 20- Stephen Enroth
- July 23- Sandy Cain
- July 24- Rusty Roberts

Toe Tapping Tunes with Spoons

Get ready for a unique and entertaining musical experience as Steve the Spoon Man visits Woodcrest for a special performance! Using nothing more than a pair of ordinary metal spoons, he creates lively rhythms and toe-tapping tunes.

Long before modern musical instruments were widely available, people found creative ways to make music with everyday objects. One of the most popular examples is spoon playing, a folk music tradition that dates back hundreds of years.

Grantham’s Steve Becker is making a name for himself by playing the spoons. According to a *N.H. Chronicle* interview, Becker has become known as Steve the Spoon Guy and can be found playing for the locals at places such as Tucker’s restaurant, New London Barber Shop, and even weddings.

Be sure to check out this unique and entertaining performance right here at Woodcrest on July 8th. You will be amazed at the music and fun that can come from something as simple as a pair of spoons!

Woodcrest Villager

Woodcrest Village Assisted Living | 356 Main Street, New London, NH



Summer Moments



Summer in Full Swing

July has arrived, bringing with it warm sunshine, blooming gardens, and plenty of opportunities to celebrate the joys of summer. At Woodcrest this month is filled with activities that encourage us to connect with one another and enjoy the outdoors.

This Fourth of July, our nation reaches an extraordinary milestone—250 years since the signing of the Declaration of Independence in 1776. At Woodcrest, many residents have witnessed remarkable moments in our nation’s history.

Summer also provides a wonderful opportunity to enjoy the beauty that surrounds us. Freshly picked flowers now brighten the Pub, filling the space with natural beauty and fragrance. Our gardens and window boxes are bursting with color thanks to the dedication of resident gardeners who have been helping to keep the grounds looking their best.

The longer days invite us to be outdoors in evening hours, visiting with friends and enjoying the fresh air. Summer evenings are made even more enjoyable with the return of concerts on the Town Green. Throughout summer, talented musicians and local bands bring a variety of music to New London from classic hits and country favorites to folk tunes and patriotic melodies. Be sure to grab a seat on the front porch Friday evenings from 6:30-8:00pm. This month’s concerts include the **East Bay Jazz Ensemble**, music from the big band era with a modern twist on July 3rd, **Peabody’s Coal Train**, a country folk band with American twang on July 10th, **Tall Granite Big Band**, a seventeen-piece band with big sounds on July 17th and **Studio Two**, a Beatle’s era band on July 24th.

Whether you’re enjoying your favorite ice cream, listening to music on the porch, taking a scenic ride, sharing a barbecue meal, or simply spending time with friends, July is a wonderful time to appreciate the simple joys of the season. Happy 250th Birthday, America! Wishing everyone a safe and memorable Fourth of July.



The New London Barn Playhouse is one of the oldest continuously operating summer theaters in the country.

This summer offers a wonderful selection of shows! In July we will be taking Woodcrest residents to *Chicago* on July 1 and *Young Frankenstein* on July 22. Please see Megan in Activities to reserve a seat.

Chicago is a sizzling, satirical musical set in the jazz-soaked 1920's, where crime, fame, and showbiz blur into one sharp spectacle. It follows Roxie Hart and Velma Kelly—two murderesses who turn scandal into stardom with the help of a slick lawyer and a hungry press. Packed with razzle-dazzle choreography, biting humor, and iconic songs, *Chicago* exposes how justice bends when celebrity, corruption, and ambition take center stage.

Mel Brooks' *Young Frankenstein* is a monstrously funny musical comedy that lovingly parodies classic horror films. When Dr. Frederick Frankenstein inherits his infamous grandfather's legacy, he's pulled into a madcap world of wild experiments, outrageous characters, and toe-tapping show tunes. Bursting with slapstick humor, clever wordplay, and over-the-top spectacle, the show celebrates love, laughter, and embracing your inner weirdo—proving that even monsters just want to sing, dance, and be understood.



A Fond Farewell Until Fall

As the school year comes to a close, our Pen Pal program with New London Elementary School students will be taking a break for the summer.

Over the past several months residents and students have exchanged letters filled with stories and many questions. Writing back and forth created meaningful connections between generations, giving residents the opportunity to share their life experiences while learning about the interests and activities of today's young students.

Last month the elementary school children walked to Woodcrest for a mini field trip to meet their Woodcrest pen pals. We were so lucky to have nice weather that day. Residents and children enjoyed lawn games, colored on the deck and visited over a glass of lemonade.

We will miss hearing from our young pen pals during the summer months and look forward to reconnecting when school resumes in the Fall.



Summer Music Associates

Summer Music Associates is a non-profit organization that brings distinctive and diverse classical and jazz performances to New London. Woodcrest was given a few complimentary tickets. See Activities if you are interested.

Hospital Days Parade

Join us for the 100th Annual Hospital Days Parade on **Saturday, August 1** beginning at **10:00 a.m.** This year's theme, A Century of Celebration, offers a fun opportunity to showcase a favorite decade.

Hospital Days has a special way of bringing the Woodcrest family together. Residents are encouraged to join in to help decorate the parade float and of course to be in the parade and throw candy to spectators. Last August Woodcrest won a trophy for the most colorful and creative float. I can't wait to see what we come up with this year.

When parade day arrives, Woodcrest residents and their friends and families don't have to worry about finding parking, carrying lawn chairs, or arriving early to claim a spot. Instead, they can sit back, relax and enjoy the excitement from the best seats in town!

Many Hands Make Light Work

A huge thank you to all the Residents who helped shop for, plant, and prune and water all the beautiful flowers here at Woodcrest. It takes a village to keep everything blooming and looking its best. Your efforts add beauty for everyone to enjoy!



July Activities and Events

- Chair exercises Sun-Friday at 10 a.m.
- Men's group Wednesdays at 9 a.m.
- Knitting group Tues/Thurs at 1:30 p.m.
- 7/1- New London Barn Playhouse *CHICAGO*
- 7/8- Steve Becker plays the spoons
- 7/9- Ice cream social
- 7/13- Frank Kelecyc sings
- 7/14- Chapel— Bradford Community Church
- 7/15- Foot Clinic with Mary
- 7/17- Dixie the dog does tricks
- 7/22- Chair Zumba
- 7/22- New London Barn Playhouse
- 7/23- Ice cream social on the porch!
- 7/27- Trip to Soonipi Hollow- blueberry picking
- 7/30- Live music with Jim Hollis

Pick Your Own Flowers

Looking to bring a splash of color, a touch of nature and a bit of freshness to your apartment? Join us for a pick-your-own-flower trip on July 28th. Spring Ledge Farm has hundreds of varieties and blooms to choose from including zinnias, a favorite here at Woodcrest.